



Energy Diagnosis Questionnaire

Welcome to CETfreedom. I'm delighted you have decided to experience an energy diagnosis with us.

Before we embark on our journey together, I would love to gain a deeper understanding of your desires, challenges, and aspirations. The first step is this Questionnaire!

Your honest and thoughtful responses to the following questions will serve as a valuable foundation for our work. Please take your time to reflect and share openly. Your input is crucial in tailoring our sessions to your specific needs and ensuring a meaningful and transformative experience.

Answer with as much or as little information as you choose. The more you share and express, the more you'll benefit, before, during and after your session

Please complete and return 7 days prior to your session. You will want to set aside up to two hours for this.

1. If you could have anything as a result of working together, what would you want?

2. What DO you currently have in your life which you NO longer want?

3. What do you NOT have in your life that you Do want?



4. Tell me a little about your mission or vision. What change do you want to bring to the world? What would the world lose if you didn't bring this?

5. What steps are you currently taking to achieve your mission?

6. Tell me a little about the biggest challenge you're currently facing in achieving your mission, or in any area of your life.

7. Write a brief history in note form, including significant events and experiences that you feel are relevant (positive and negative)



8. What patterns have you noticed occurring in your life so far?

9. Give details of any Coaching/Therapy undertaken to date, and what you achieved so far from it?

10. On a scale of 1 – 10 How important is it that you solve this problem now?

11. Why is it important you solve this now? What will happen if you don't solve this problem or achieve the results you want?

12. What else would you like me to know?